

THE TABLET *jr.*

Freedom: Dignity for All Workers

The Tablet Jr. is edited by CTN, the educational services department of DeSales Media Group.



Teaching Guide Vol. 4; Issue 1

Each month has a specific theme tied to Catholic social teaching. The themes of Catholic Social Teaching can be integrated into many subjects. This Instructional Guide is full of resources to help you connect the stories and features to your lesson plans.

This month's edition is created by the student journalists of St. Edmund Catholic Academy.



TEACHERS ARE ESSENTIAL WORKERS



Read the Tablet Jr. article as a class.

Essential Question: How much would our world change if everyone's God-given dignity always and everywhere was recognized and honored?

Discovery Education Video: [The PBS NewsHour: How This Man Found His Calling as an Early Elementary Teacher](#)

Video Description: Highlights the lack of male teachers in elementary school, and profiles Harold Johnson—a linebacker coach and an elementary-school teacher. The program teaches that despite and because of gender stereotypes, a career as an elementary-school teacher can be an ideal choice for men.

Activities

- [Our Class is a Family \(K-2\)](#)
 - ◆ How can we treat our own classmates with dignity?
 - ◆ Why is our class a family?
- [Who Helps Communities Keep Running? \(K-2\)](#)
 - ◆ Community workers picture description worksheet
- [Labor Day \(3-8\)](#)
 - ◆ How do we use Labor Day as a way to celebrate all workers?
 - ◆ What can we do to celebrate workers who work on Labor Day?
- [Dignity for All Activity](#)
 - ◆ This activity can help connect the understanding of how we should love our neighbor and how it relates to dignity for workers
 - ◆ [Wants & Needs Chart](#)

Additional Resources Continued

Reflection Questions can be presented in different ways depending on grade level and ability. Platforms that can be used are Padlet and Jamboard.

Reflection Questions:

- 1) How would you define Human Dignity?
- 2) In what ways is our work a sign of our participation in God's belief of dignity?
- 3) How can we be advocates for human dignity?

Additional Resources

- [NEWSELA](#): California law uproots schoolchildren of migrant farmworkers
 - ◆ [CNN Newsworthy Activity](#)
- [Discovery Education](#): The Tragedy of the Triangle Shirtwaist Fire
 - ◆ [Teachers Guide](#)
 - ◆ [Kahoot!](#)

ALL WORKERS ARE HEROES



Read the Tablet Jr. article as a class.

Essential Question: What does it mean to respect another person or group of people?

Discovery Education Video: **America at its best: We All Contribute and Make a Difference**

Video Description: This program illustrates the many ways we all contribute: to our schools, our families, and our communities. It shows children how we each play an important part in the lives of those around us and how we each make a difference with everything we do.

Activities

- [Sweet People Everywhere \(K-3\)](#)
 - ◆ How can we become “sweet people”?
 - ◆ In what ways was Jesus a “sweet person”?
 - ◆ [Activity Guide](#)
 - ◆ [Compare & Contrast John 13:34](#)
- [I Dream a World Poem by Langston Hughes](#)
 - ◆ Poem Activity
 - [BrainPOP Simile review](#)
- [NEWSELA: Civil Rights icon Huerta has Advice for a new generation of activists](#)
 - ◆ [Understanding Intersectionality Lesson Plan](#)
 - ◆ [YouTube: A Hero to Migrant Workers](#)
 - ◆ [Prayer for Honoring Dignity](#)

Additional Resources Continued

Reflection Questions can be presented in different ways depending on grade level and ability. Platforms that can be used are Padlet and Jamboard.

Reflection Questions:

- 1) How do rights & responsibilities affect people in the workplace?
- 2) How strong is your belief in your own human dignity?
- 3) When you interact with family members and friends, can you honor and respect the human dignity of each one?

Additional Resources

- Dolores Huerta
- ◆ [Flocabulary: Si Se Puede](#)
 - ◆ [Flocabulary Lesson](#)

RESPECT IS A TWO WAY STREET



Read the Tablet Jr. article as a class.

Essential Question: How has Jesus taught us that every person is special?

Discovery Education Video: [Fair Conditions](#)

Video Description: Looks into problems textile workers often face and reveals how companies are addressing such issues as child labor, poor working conditions, abuse in the workplace, and more.

Activities

- [Discovery Education](#): “The Road Not Taken” by Robert Frost
 - ◆ [The Road Not Taken Studio Activity](#)
 - ◆ How does this book connect to the choices we make about how we treat others?
 - ◆ How do we know if we are making the right choice to treat someone kindly?
- [Discovery Studio](#): Make it Concrete
 - ◆ Have students draw conclusions from images based on lack of dignity in the workplace.
- [NEWSELA](#): Fast-food workers say restaurants fail to pay what they’re owed (4-8)
 - ◆ [Human Dignity Poster](#)
 - ◆ [Digging Deeper](#)

Additional Resources Continued

Reflection Questions can be presented in different ways depending on grade level and ability. Platforms that can be used are Padlet and Jamboard.

Reflection Questions:

- 1) How do we as a society benefit from human dignity?
- 2) How does our relationship with God empower us to advocate for human dignity?
- 3) In what ways would our society change if “love your neighbor” were the guiding principle of government, business, education, and families?

Additional Resources

→ Saints who advocated for dignity & peace

◆ Hexagon Activity

- Discovery Education: Mother Teresa
- Discovery Education: St. John Paul II
- Discovery Education: Saint Martin de Porres
- Discovery Education: Saint John XXII

Sister Elizabeth

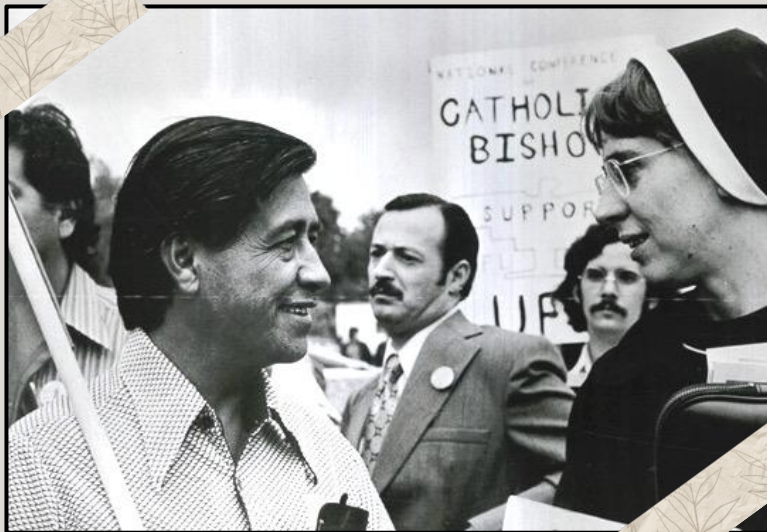
Together as a class, read the questions and answers from Sr. Elizabeth.



Questions from kids like you!

- What are the qualities of a good worker? - Ashton Nicascio, Grade 2
 - ◆ [What makes a good worker? Activity \(K-4\)](#)
- What kind words or actions can we use to show the community workers we care about them? - Charles Gilliam, Grade 2
 - ◆ Create Thank You Letters for your community workers
 - [Cup of Gratitude](#)
 - ◆ Create a Clips video about how much you appreciate the work your community workers do.
 - [How to create a Clips video](#)

Diocesan History Corner

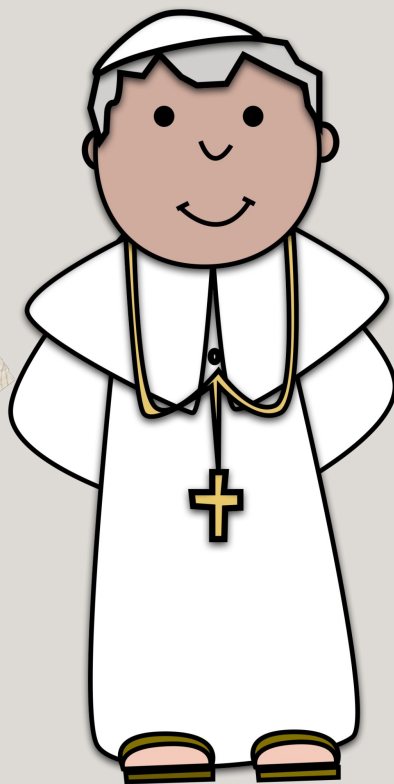


César Chávez

Activities

- [Cesar Chavez Biography](#)
 - ◆ [YouTube: Cesar Chavez K-2 Video](#) Xavier Riddle & The Chavez Museum
 - ◆ [Discovery Education: Cesar Chavez 3-5 Video](#)
 - ◆ [Discovery Education: Cesar Chavez 6-8 Video](#)
 - ◆ [Freckle Article: Cesar Chavez 1-8](#)
- [Dolores Huerta](#)
 - ◆ [Google Arts & Culture](#)
 - ◆ [Smithsonian Institution One Life: Dolores Huerta](#)
 - ◆ [Lesson Plans for K-8](#)
 - ◆ Analyze some quotes from Dolores Huerta
 - ◆ [Freckle Article: Dolores Huerta 1-8](#)

Sadlier



Activities

Part of your Catholic faith is learning to live out your faith to the world. Your guidelines are called Catholic Social Teachings, a foundation for life that is rooted in Scripture.

Following in the footsteps of Jesus and living your life with love, peace, and justice can seem overwhelming. By focusing on one of the Catholic Social Teachings at a time, you will live more like Jesus each day.

- In October, we celebrated the feast day of St. John Paul II. Read how he stood up for peace and justice throughout his life.
 - ◆ [Saint Banner](#)
 - [Sadlier Connect](#)
 - ◆ [Reflection](#)
 - ◆ [Prayer of Hunger for Justice](#)
- Teachers can reference Sadlier for further information
 - ◆ [The Seven Themes of Catholic Social Teaching](#)